



## COMMUNITY-ENGAGED LEARNING BEYOND CLINIC WALLS

PATHWAY: OLDER ADULTS AND CHRONICALLY ILL

### Project Description

- Students visit older participants to check the following:
  - food supply
  - safety hazards in the home
  - review medications
- Students socialize and interact with older participants.
- Students identify participants' key health challenges, monitor their day-to-day lifestyle, and assist them in remaining independent.

### Annual Student Activities

- Co-sponsor programs with student interest group in geriatric medicine.
- Semi-annual "Roundtable" with the Glennan Center.
- Projects with participants.
- Beyond Clinic Walls recognized by the Commonwealth Council on Aging for the annual best practices award competition in 2012.

### Community Outcomes/Results

- ↑ Social support
- ↑ Ability for participants to remain independent
- ↑ Safety in the home
- ↑ Advocacy for elderly participants

### FACILITATOR

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### PARTNERS

- The EVMS Glennan Center for Geriatrics
- Senior Services of Southeastern Virginia (SSSEVA)

### THE NEED

- America's population is aging—advances in health care have increased life expectancy.
- Maintaining independence and autonomy improves quality of life.
- Many people over 60 report feeling lonely or isolated.
  - Associated with increased risk of death
  - Associated with reduced mobility